

2021 Red Rock Conference at Murray County Central - May 20

Boys Varsity

1. Hills-Beaver Creek	129.5
2. SWMCH-EHS	125
3. Murray County Central	111.5
4. Adrian/Ellsworth	88.5
5. Mt. Lake Area - Comfrey	72.5
6. Heron Lake-Okabena/Fulda	57
7. Westbrook-WG/Red Rock Central	26

Girls Varsity

1. SWMCH-EHS	174
2. Murray County Central	140
3. Heron Lake-Okabena/Fulda	119
4. Hills-Beaver Creek	64
5. Westbrook-WG/Red Rock Central	40
6. Mt. Lake Area - Comfrey	32
7. Adrian/Ellsworth	26

Varsity Boys 100 Meters Finals

Athlete Yr Team Mark

1 Tyson Bork 12 Hills-Beaver Creek	11.36
2 Cole Boltjes 11 Adrian/Ellsworth	11.61
3 Dewell Rauk 12 Hills-Beaver Creek	11.86
4 Dylan Johnson 12 Murray County Central	11.89
5 Christian Kuball 11 Murray County Central	11.97
5 Jordan Toll 12 Mt. Lake Area - Comfrey	11.97
7 Ben Nachreiner 12 Mt. Lake Area - Comfrey	12.32
8 Denver Ash 9 Heron Lake-Okabena/Fulda	12.44
9 Mason Brown 12 Mt. Lake Area - Comfrey	12.58
10 Brock Harnack 10 Hills-Beaver Creek	12.62
11 Carter Kracht 12 SWMCH-EHS	12.79
12 Jacob Raak 12 SWMCH-EHS	13.00
13 Christopher Xiong 8 Westbrook-WG/Red Rock Cen	13.08
14 Joseph Johnson 7 Westbrook-WG/Red Rock Cen	13.50
15 Ben Yang 8 Westbrook-WG/Red Rock Cen	13.73
16 Cole Larson 12 Murray County Central	14.02
17 Damon John Adrian/Ellsworth	14.21
18 Grant Busker 9 SWMCH-EHS	15.28

Varsity Boys 100 Meters Finals

Athlete Yr Team Mark

Jacob Raak 12 SWMCH-EHS	11.21
Jesse Tschetter 12 SWMCH-EHS	11.87
Keaton Arp 8 SWMCH-EHS	13.11
Carter Kracht 12 SWMCH-EHS	14.08

Varsity Boys 200 Meters Finals

Athlete Yr Team Mark

1 Tyson Bork 12 Hills-Beaver Creek	23.32
2 Dewell Rauk 12 Hills-Beaver Creek	24.05
3 Jordan Toll 12 Mt. Lake Area - Comfrey	24.30
4 Dylan Johnson 12 Murray County Central	24.44

5 Christian Kuball 11 Murray County Central 24.64
6 Zak Zimmermann 11 Westbrook-WG/Red Rock Cen 24.84
7 Gabe Krick 12 Westbrook-WG/Red Rock Cen 24.95
8 Ben Nachreiner 12 Mt. Lake Area - Comfrey 25.08
9 Jordan Linscheid 10 Mt. Lake Area - Comfrey 25.26
10 Caleb Raak 10 SWMCH-EHS 26.14
11 Christopher Xiong 8 Westbrook-WG/Red Rock Cen 26.81
12 Keaton Arp 8 SWMCH-EHS 26.83
13 Jeremy Muecke 12 Heron Lake-Okabena/Fulda 27.48
14 Riley Tatge 9 Hills-Beaver Creek 28.19
15 Cole Larson 12 Murray County Central 29.02
Carter Kracht 12 SWMCH-EHS NT

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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Gabe Vis 9 SWMCH-EHS 26.08
Mason Hamm 10 SWMCH-EHS 28.66
Silas Van Essen 7 SWMCH-EHS 28.76
Jacob Masselink 9 SWMCH-EHS 33.68

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Micah Schaap 11 SWMCH-EHS 50.75
2 Cole Boltjes 11 Adrian/Ellsworth 52.38
3 Cole Baker 11 Hills-Beaver Creek 54.39
4 Aidan Schaap 9 SWMCH-EHS 54.55
5 Liam Raymon 11 Hills-Beaver Creek 55.27
6 Christian Kuball 11 Murray County Central 56.43
7 Colin Christensen 12 Murray County Central 56.51
8 Cole Kleven 11 Mt. Lake Area - Comfrey 57.74
9 Lucas Essman 9 Adrian/Ellsworth 59.32
10 Silas Van Essen 7 SWMCH-EHS 1:02.04
11 Jaden Wendland 12 Murray County Central 1:02.10
12 Ben Yang 8 Westbrook-WG/Red Rock Cen 1:13.88
Vander Mathiowetz 10 Westbrook-WG/Red Rock Cen NT

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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Micah Schaap 11 SWMCH-EHS 50.82
Aidan Schaap 9 SWMCH-EHS 54.66
Jaden Barron 11 SWMCH-EHS 55.09
Levi Van Dyken 11 SWMCH-EHS 55.38

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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1 Levi Van Dyken 11 SWMCH-EHS 2:08.19
2 Linkin Bossert 12 Adrian/Ellsworth 2:17.61
3 Caleb Raak 10 SWMCH-EHS 2:17.65
4 Liam Raymon 11 Hills-Beaver Creek 2:19.33
5 Brock Smith 11 Murray County Central 2:21.60

- 6 Dante Damm 12 Murray County Central 2:27.02
- 7 Micah Onken 12 Adrian/Ellsworth 2:29.08
- 8 Caleb Appel 8 Heron Lake-Okabena/Fulda 2:29.53
- 9 Caleb Ethridge 9 Heron Lake-Okabena/Fulda 2:30.47
- 10 Landon Leuthold 9 Adrian/Ellsworth 2:32.64
- 11 Ben Bartsch 11 Mt. Lake Area - Comfrey 2:34.28
- 12 Evan Batholomaeus 7 Westbrook-WG/Red Rock Cen 2:38.23
- 13 Jordan Sturges 7 Murray County Central 2:43.82
- 14 Colby Hadler 12 SWMCH-EHS 2:49.72
- 15 Brayden Stewart 9 Mt. Lake Area - Comfrey 2:53.08

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- Levi Van Dyken 11 SWMCH-EHS 2:07.88
- Jaden Barron 11 SWMCH-EHS 2:18.76
- Caleb Raak 10 SWMCH-EHS 2:19.06
- Keaton Arp 8 SWMCH-EHS 2:26.08

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Kody Wassman 9 Mt. Lake Area - Comfrey 5:01.82
- 2 Linkin Bossert 12 Adrian/Ellsworth 5:12.86
- 3 Isaiah Kathman 12 Murray County Central 5:12.96
- 4 Dylan Graff 10 Adrian/Ellsworth 5:17.34
- 5 Jaden Barron 11 SWMCH-EHS 5:18.81
- 6 Logan Bossert 9 Adrian/Ellsworth 5:27.40
- 7 Evan Bumgardner 8 Heron Lake-Okabena/Fulda 5:29.82
- 8 Nilson Van Hulzen 8 SWMCH-EHS 5:31.54
- 9 Jon Olsem 9 Heron Lake-Okabena/Fulda 5:34.44
- 10 Rylan Engelkes 11 Murray County Central 5:44.22
- 11 Wyatt Biren 10 Murray County Central 6:00.76
- 12 Devin-Scott Bloemendaal 11 SWMCH-EHS 6:43.19

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Dylan Graff 10 Adrian/Ellsworth 11:20.95
- 2 Evan Bumgardner 8 Heron Lake-Okabena/Fulda 11:23.47
- 3 Mason Hamm 10 SWMCH-EHS 11:31.34
- 4 Nilson Van Hulzen 8 SWMCH-EHS 12:09.91
- 5 Jon Olsem 9 Heron Lake-Okabena/Fulda 12:12.12
- 6 Isaiah Kathman 12 Murray County Central 12:32.47
- 7 Adrian Schwaller 11 Heron Lake-Okabena/Fulda 12:32.55
- 8 Rylan Engelkes 11 Murray County Central 13:10.43
- 9 Gabe Vis 9 SWMCH-EHS 14:14.99
- 10 Wyatt Biren 10 Murray County Central 14:24.69

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Cayden LaPointe 11 Mt. Lake Area - Comfrey 17.73
- 2 Dylan Johnson 12 Murray County Central 18.26

3 Brandon Taubert 12 Hills-Beaver Creek 18.50
4 Ashton Kalas 10 Murray County Central 18.69
5 Coltin Pilaczynski 12 Westbrook-WG/Red Rock Cen 19.86
6 Jesse Tschetter 12 SWMCH-EHS 20.57
7 Tavian Lange 10 Adrian/Ellsworth 21.58
8 Ben Ahlers 9 Murray County Central 21.77
9 Grant Busker 9 SWMCH-EHS 22.10
10 Carson Klein 8 Heron Lake-Okabena/Fulda 22.86
11 Silas Stapek 9 Heron Lake-Okabena/Fulda 22.90

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Blake Schmitz 12 Murray County Central 44.71
2 Cayden LaPointe 11 Mt. Lake Area - Comfrey 46.05
3 Brandon Taubert 12 Hills-Beaver Creek 48.14
4 Ashton Kalas 10 Murray County Central 48.42
5 Brock Harnack 10 Hills-Beaver Creek 49.23
6 Rylan Behnke 12 Murray County Central 49.28
7 Tavian Lange 10 Adrian/Ellsworth 50.82
8 Jesse Tschetter 12 SWMCH-EHS 52.59
9 Silas Stapek 9 Heron Lake-Okabena/Fulda 54.63
10 Grant Busker 9 SWMCH-EHS 56.89
11 Carson Klein 8 Heron Lake-Okabena/Fulda 59.85
12 Bowen Hesse 7 Westbrook-WG/Red Rock Cen 1:02.90

Varsity Boys 4x100m Finals

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Team Time

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1 Hills-Beaver Creek 46.15
Ty BundesonCole BakerCooper GehrkeTyson Bork
2 Mt. Lake Area - Comfrey 48.12
Ben NachreinerJordan LinscheidMatthew WiebeJordan Toll
3 Murray County Central 48.26
Jackson SturgesJustin ScottingLogan SteinleIsaiah Kathman
4 Westbrook-WG/Red Rock Central 48.29
Gabe KrickJoseph JohnsonVander MathiowetzZak Zimmermann
5 Adrian/Ellsworth 48.40
Lucas EssmanPeyton LewisPeda ZebaElijah Kruse
6 Heron Lake-Okabena/Fulda 49.44
Denver AshPreston ChristoffersLogan GassAiden Lorenzen
7 SWMCH-EHS 50.16
Jesse TschetterKeaton ArpJacob RaakCarter Kracht

Varsity Boys 4x200m Finals

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Team Time

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1 Murray County Central 1:38.68
Jackson SturgesJustin ScottingBrock SmithBlake Schmitz
2 Hills-Beaver Creek 1:38.92
Ty BundesonBrandon TaubertCooper GehrkeDewell Rauk
3 Westbrook-WG/Red Rock Central 1:40.38
Gabe KrickChristopher XiongVander MathiowetzZak Zimmermann
4 Mt. Lake Area - Comfrey 1:42.97
Jordan LinscheidCole KlevenMatthew WiebeMason Brown
5 Adrian/Ellsworth 1:44.09

Tavian LangePeyton LewisElijah KrusePeda Zeba
6 Heron Lake-Okabena/Fulda 1:56.41
Jeremy MueckeCaleb AppelCarson KleinAdrian Schwaller
7 SWMCH-EHS 1:57.71
Mason HammGabe VisSilas Van EssenJacob Masselink

Varsity Boys 4x400m Finals

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Team Time
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1 SWMCH-EHS 3:36.77
Jaden BarronLevi Van DykenAidan SchaapMicah Schaap
2 Murray County Central 3:52.57
Jackson SturgesColin ChristensenJustin ScottingBlake Schmitz
3 Mt. Lake Area - Comfrey 3:54.23
Caden SwobodaLuke KlassenCayden LaPointeKody Wassman
4 Hills-Beaver Creek 3:54.30
Cooper GehrkeTy BundesonLiam RaymonElisha Taubert
5 Adrian/Ellsworth 3:57.21
Peda ZebaPeyton LewisElijah KruseLucas Essman
6 Heron Lake-Okabena/Fulda 4:14.11
Denver AshAiden LorenzenPreston ChristoffersLogan Gass

Varsity Boys 4x800m Finals

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Team Time
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1 SWMCH-EHS 9:12.16
Keaton ArpJaden BarronCaleb RaakLevi Van Dyken
2 Mt. Lake Area - Comfrey 9:19.91
Caden SwobodaLuke KlassenMicah HolmbergKody Wassman
3 Murray County Central 9:45.63
Dante DammRylan BehnkeJordan SturgesBrock Smith
4 Heron Lake-Okabena/Fulda 9:57.33
Silas StapekAdrian SchwallerCaleb EthridgeMatthew Stapek
5 Adrian/Ellsworth 10:19.08
Landon LeutholdBruce FarinellaZach OnkenMicah Onken
6 Hills-Beaver Creek 10:33.30
Sawyer BoschBlake LeendertsMicah BushJackson Gacke

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark
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1 Cole Boltjes 11 Adrian/Ellsworth 49-03.00
2 Zach Thier 12 Heron Lake-Okabena/Fulda 44-05.75
3 Casey Kueter 11 Hills-Beaver Creek 42-04.25
4 Max Scholten 11 Hills-Beaver Creek 40-05.25
5 Wyatt Wall 11 Mt. Lake Area - Comfrey 38-11.50
6 Christian Kuball 11 Murray County Central 38-05.25
7 Jacob Fischer 12 SWMCH-EHS 38-05.00
8 Micah Holmberg 11 Mt. Lake Area - Comfrey 37-08.25
9 Brandon Clausen 12 Heron Lake-Okabena/Fulda 37-01.50
10 Dylan Johnson 12 Murray County Central 36-10.75
11 Gabe Thier 11 Adrian/Ellsworth 34-02.75
12 Kade Wassman 11 Mt. Lake Area - Comfrey 33-03.75
13 Brayden Metzger 10 Hills-Beaver Creek 32-07.00
14 Isaac Gunnink 11 SWMCH-EHS 31-00.75
15 Dylan Doeden 10 Murray County Central 30-00.00

16 Kelvin Vang 11 Westbrook-WG/Red Rock Cen 28-09.00
17 Jacob Masselink 9 SWMCH-EHS 27-09.25

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 Cole Boltjes 11 Adrian/Ellsworth 128-10
- 2 Jacob Fischer 12 SWMCH-EHS 125-04
- 3 Zach Thier 12 Heron Lake-Okabena/Fulda 120-02
- 4 Max Scholten 11 Hills-Beaver Creek 118-03
- 5 Coltin Pilaczynski 12 Westbrook-WG/Red Rock Cen 112-01
- 6 Casey Kueter 11 Hills-Beaver Creek 99-03
- 7 Micah Holmberg 11 Mt. Lake Area - Comfrey 95-09
- 8 Brandon Clausen 12 Heron Lake-Okabena/Fulda 94-08
- 9 Isaac Gunnink 11 SWMCH-EHS 94-05
- 10 Trevor Giesen 10 Murray County Central 93-09
- 11 Dylan Doeden 10 Murray County Central 92-00
- 12 Jacob Masselink 9 SWMCH-EHS 88-02
- 13 Kelvin Vang 11 Westbrook-WG/Red Rock Cen 85-09
- 14 Carson Klein 8 Heron Lake-Okabena/Fulda 83-00
- 15 Jesse Ray 12 Murray County Central 78-01
- 16 Gabe Thier 11 Adrian/Ellsworth 76-00
- 17 Evan Oltmans 10 Mt. Lake Area - Comfrey 75-02
- 18 Lucas Essman 9 Adrian/Ellsworth 74-10
- 19 Brayden Metzger 10 Hills-Beaver Creek 73-03
- 20 Wyatt Wall 11 Mt. Lake Area - Comfrey 72-10
- 21 Vander Mathiowetz 10 Westbrook-WG/Red Rock Cen 64-08

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Colin Christensen 12 Murray County Central 6-01.00
- 2 Denver Ash 9 Heron Lake-Okabena/Fulda 5-10.00
- 3 Logan Gass 9 Heron Lake-Okabena/Fulda 5-10.00
- 4 Grant Busker 9 SWMCH-EHS 5-06.00
- 5 Coltin Pilaczynski 12 Westbrook-WG/Red Rock Cen 5-06.00
- 6 Jacob Raak 12 SWMCH-EHS 5-06.00
- 7 Brandon Taubert 12 Hills-Beaver Creek 5-04.00
- 7 Peyton Lewis 11 Adrian/Ellsworth 5-04.00
- 8 Elisha Taubert 10 Hills-Beaver Creek 5-02.00
- 9 Cooper Gehrke 9 Hills-Beaver Creek 5-02.00
- 10 Jaden Barron 11 SWMCH-EHS 5-00.00
- Rylan Engelkes 11 Murray County Central NH
- Joseph Johnson 7 Westbrook-WG/Red Rock Cen NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Caleb Raak 10 SWMCH-EHS 11-06.00
- 2 Rylan Behnke 12 Murray County Central 11-00.00
- 3 Aiden Lorenzen 9 Heron Lake-Okabena/Fulda 10-00.00
- 4 Gabe Krick 12 Westbrook-WG/Red Rock Cen 9-06.00
- 5 Jesse Tschetter 12 SWMCH-EHS 9-00.00
- 6 Caden Swoboda 11 Mt. Lake Area - Comfrey 7-06.00
- 7 Luke Klassen 10 Mt. Lake Area - Comfrey 7-06.00
- 8 Jaden Wendland 12 Murray County Central 7-06.00

9 Evan Batholomaus 7 Westbrook-WG/Red Rock Cen 7-06.00
10 Jesse Ray 12 Murray County Central 7-00.00
10 Tido Xayachak 11 Mt. Lake Area - Comfrey 7-00.00
Bowen Hesse 7 Westbrook-WG/Red Rock Cen NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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1 Micah Schaap 11 SWMCH-EHS 21-06.00
2 Cole Baker 11 Hills-Beaver Creek 19-03.00
2 Aidan Schaap 9 SWMCH-EHS 19-03.00
4 Tyson Bork 12 Hills-Beaver Creek 19-01.00
5 Jackson Sturges 10 Murray County Central 18-04.00
6 Ty Bundeson 11 Hills-Beaver Creek 17-09.00
7 Tavian Lange 10 Adrian/Ellsworth 17-05.00
8 Logan Gass 9 Heron Lake-Okabena/Fulda 17-02.50
9 Preston Christoffers 11 Heron Lake-Okabena/Fulda 17-01.50
9 Tido Xayachak 11 Mt. Lake Area - Comfrey 17-01.50
11 Matthew Wiebe 11 Mt. Lake Area - Comfrey 15-11.00
12 Keaton Arp 8 SWMCH-EHS 15-06.00
13 Evan Batholomaus 7 Westbrook-WG/Red Rock Cen 14-11.00
14 Ben Yang 8 Westbrook-WG/Red Rock Cen 14-07.50
14 Mason Brown 12 Mt. Lake Area - Comfrey 14-07.50
16 Colin Christensen 12 Murray County Central 14-05.00
17 Damon John Adrian/Ellsworth 13-11.00
18 Caleb Appel 8 Heron Lake-Okabena/Fulda 13-04.00
Christopher Xiong 8 Westbrook-WG/Red Rock Cen ND

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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1 Micah Schaap 11 SWMCH-EHS 43-03.50
2 Cole Baker 11 Hills-Beaver Creek 42-05.00
3 Liam Raymon 11 Hills-Beaver Creek 40-01.00
4 Peda Zeba 10 Adrian/Ellsworth 39-00.00
5 Aidan Schaap 9 SWMCH-EHS 38-03.00
6 Jordan Toll 12 Mt. Lake Area - Comfrey 38-01.00
7 Blake Schmitz 12 Murray County Central 36-06.00
8 Tido Xayachak 11 Mt. Lake Area - Comfrey 35-11.00
9 Cayden LaPointe 11 Mt. Lake Area - Comfrey 35-10.00
10 Brock Harnack 10 Hills-Beaver Creek 35-06.00
11 Preston Christoffers 11 Heron Lake-Okabena/Fulda 35-05.00
12 Joseph Johnson 7 Westbrook-WG/Red Rock Cen 32-09.50
13 Rylan Behnke 12 Murray County Central 32-05.00
14 Jacob Raak 12 SWMCH-EHS 32-02.50
15 Zak Zimmermann 11 Westbrook-WG/Red Rock Cen 32-00.50
16 Silas Stapek 9 Heron Lake-Okabena/Fulda 28-02.50
17 Damon John Adrian/Ellsworth 27-10.00

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Ryanna Schreier 11 Murray County Central 13.38
2 Maddie Schumacher 10 Heron Lake-Okabena/Fulda 13.48
3 Anna Suda 10 SWMCH-EHS 13.52
4 Taryn Rauk 12 Hills-Beaver Creek 13.56

- 5 Haley Wieck 11 SWMCH-EHS 13.63
- 6 Amber Boock 12 Murray County Central 13.84
- 7 Abigail Harris 7 Hills-Beaver Creek 13.87
- 8 Ashlee Kelderman 12 Hills-Beaver Creek 14.05
- 9 Elizabeth Eisma 9 SWMCH-EHS 14.21
- 10 Irish Hollahan 9 Heron Lake-Okabena/Fulda 14.34
- 10 Sadi Altman Adrian/Ellsworth 14.34
- 12 Katelyn Frodermann Adrian/Ellsworth 15.01
- 13 Abby Evans 7 Westbrook-WG/Red Rock Cen 15.11
- 14 Ambrosa Yang 7 Westbrook-WG/Red Rock Cen 15.14
- 15 Alicya McEliece 12 Adrian/Ellsworth 15.63
- 16 Kennedy Vold 12 Westbrook-WG/Red Rock Cen 15.79
- 17 Zoe Evers 8 Mt. Lake Area - Comfrey 15.84
- 18 Eryn Friesen 12 Mt. Lake Area - Comfrey 15.93
- 19 Brooklyn Tyrrell 7 Heron Lake-Okabena/Fulda 15.94
- 20 Aleeza Schultz 11 Mt. Lake Area - Comfrey 15.96

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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- Ellie Decker 10 SWMCH-EHS 12.87
- Elizabeth Eisma 9 SWMCH-EHS 13.01
- Haley Wieck 11 SWMCH-EHS 13.52
- Anna Suda 10 SWMCH-EHS 14.50

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Ellie Decker 10 SWMCH-EHS 27.38
- 2 Maddie Schumacher 10 Heron Lake-Okabena/Fulda 27.58
- 3 Taryn Rauk 12 Hills-Beaver Creek 27.66
- 4 Ryanna Schreier 11 Murray County Central 28.05
- 5 Amber Boock 12 Murray County Central 28.45
- 6 Elizabeth Strock 12 Westbrook-WG/Red Rock Cen 28.53
- 7 Abigail Harris 7 Hills-Beaver Creek 29.02
- 8 Kelsey DeSmith 11 Westbrook-WG/Red Rock Cen 29.10
- 9 Julia Brinkman 7 Mt. Lake Area - Comfrey 29.36
- 10 Chelby Kesteloot 11 Murray County Central 29.66
- 11 Elizabeth Eisma 9 SWMCH-EHS 29.68
- 12 Sadi Altman Adrian/Ellsworth 30.05
- 13 Aspen Shimp 10 Hills-Beaver Creek 30.49
- 14 Skylar Fisher 11 Heron Lake-Okabena/Fulda 31.19
- 15 Katelyn Frodermann Adrian/Ellsworth 31.63
- 16 Abby Evans 7 Westbrook-WG/Red Rock Cen 32.15
- 17 Makenna Brands 10 SWMCH-EHS 32.31
- 18 Zoe Evers 8 Mt. Lake Area - Comfrey 33.56
- 19 Alicya McEliece 12 Adrian/Ellsworth 33.97
- 20 Aleeza Schultz 11 Mt. Lake Area - Comfrey 34.11
- Taylor Fisher 7 Heron Lake-Okabena/Fulda NT

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- Haley Wieck 11 SWMCH-EHS 27.17
- Kierra Binford 10 SWMCH-EHS 27.74
- Anna Suda 10 SWMCH-EHS 28.90

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Ashley Overgaauw 10 Murray County Central 1:03.30
 - 2 Amanda Overgaauw 10 Murray County Central 1:03.46
 - 3 Kierra Binford 10 SWMCH-EHS 1:05.89
 - 4 Lana Kestner 11 Mt. Lake Area - Comfrey 1:06.01
 - 5 Abigail Harris 7 Hills-Beaver Creek 1:06.39
 - 6 Victoria Pierson 11 Murray County Central 1:07.43
 - 7 Elizabeth Strock 12 Westbrook-WG/Red Rock Cen 1:07.59
 - 8 Taylor Durst 11 Hills-Beaver Creek 1:08.47
 - 9 Brianna Reckamp 12 Adrian/Ellsworth 1:08.64
 - 10 Peyton Van Essen 9 SWMCH-EHS 1:09.73
 - 11 Lindsie Fick 10 SWMCH-EHS 1:12.35
 - 12 Aspen Shimp 10 Hills-Beaver Creek 1:13.66
 - 13 Ella Stapek 11 Heron Lake-Okabena/Fulda 1:16.07
 - 14 Taylor Fisher 7 Heron Lake-Okabena/Fulda 1:16.74
 - 15 Jolyne Zimmerman 7 Heron Lake-Okabena/Fulda 1:19.30
- Sage Bents 7 Westbrook-WG/Red Rock Cen NT
- Riley Parker 8 Westbrook-WG/Red Rock Cen NT

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- Savannah Schultz 10 SWMCH-EHS 63.68
- Mikayla Johnson 12 SWMCH-EHS 67.38
- Kierra Binford 10 SWMCH-EHS 67.89
- Shaylee Van Essen 10 SWMCH-EHS 68.51

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Morgan Gehl 12 Heron Lake-Okabena/Fulda 2:22.15
- 2 Brylei Schreier 9 Murray County Central 2:40.89
- 3 Megan Bakke 10 Murray County Central 2:40.94
- 4 Mikayla Johnson 12 SWMCH-EHS 2:42.41
- 5 Kate Janzen 11 Mt. Lake Area - Comfrey 2:42.78
- 6 Kenadie Fick 11 Hills-Beaver Creek 2:42.95
- 7 Theresa Nwaiga 9 Westbrook-WG/Red Rock Cen 2:43.52
- 8 Lily Daniels 9 Murray County Central 2:53.52
- 9 Peyton Van Essen 9 SWMCH-EHS 2:58.57
- 10 Alexia Vander Pol 9 SWMCH-EHS 3:13.32
- 11 Kenzie Albrecht 7 Westbrook-WG/Red Rock Cen 3:16.16
- 12 Hunter Penning 9 Adrian/Ellsworth 3:16.86
- 13 Molly Clarke 9 Heron Lake-Okabena/Fulda 3:32.40

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- Savannah Schultz 10 SWMCH-EHS 2:28.51
- Shaylee Van Essen 10 SWMCH-EHS 2:34.92
- Lindsie Fick 10 SWMCH-EHS 2:41.78

Mikayla Johnson 12 SWMCH-EHS 2:41.80

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Morgan Gehl 12 Heron Lake-Okabena/Fulda 5:07.72
- 2 Ashley Overgaauw 10 Murray County Central 5:23.90
- 3 Amanda Overgaauw 10 Murray County Central 5:24.00
- 4 Savannah Schultz 10 SWMCH-EHS 5:50.36
- 5 Josie Harms 12 Murray County Central 6:02.40
- 6 Kenadie Fick 11 Hills-Beaver Creek 6:03.61
- 7 Alexia Vander Pol 9 SWMCH-EHS 6:21.90
- 8 Hunter Penning 9 Adrian/Ellsworth 6:55.41
- 9 Tabitha Van Essen 12 SWMCH-EHS 7:01.34
- 10 Sydney Vogel 8 Westbrook-WG/Red Rock Cen 7:28.31
- 11 Molly Clarke 9 Heron Lake-Okabena/Fulda 7:44.56

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Ashley Overgaauw 10 Murray County Central 11:41.22
- 2 Amanda Overgaauw 10 Murray County Central 11:41.35
- 3 Josie Harms 12 Murray County Central 13:20.42
- 4 Lindsie Fick 10 SWMCH-EHS 13:55.00
- 5 Tabitha Van Essen 12 SWMCH-EHS 14:03.89
- 6 Ella Stapek 11 Heron Lake-Okabena/Fulda 14:09.89
- 7 Riley Schroeder 11 Mt. Lake Area - Comfrey 15:09.16

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Samantha Untiedt 9 Heron Lake-Okabena/Fulda 17.36
- 2 Anna Fest 10 Heron Lake-Okabena/Fulda 17.73
- 3 Braelyn Kracht 11 SWMCH-EHS 17.89
- 4 Sydney Van Essen 12 SWMCH-EHS 18.63
- 5 Camdyn Kluis 11 Murray County Central 18.82
- 6 Haily Green 11 Mt. Lake Area - Comfrey 19.07
- 7 Elizabeth Wiggins 11 Westbrook-WG/Red Rock Cen 19.90
- 8 Jessa Gillette 8 Murray County Central 20.43
- 9 Hallie Bork 9 SWMCH-EHS 20.65

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Anna Fest 10 Heron Lake-Okabena/Fulda 51.51
- 2 Samantha Untiedt 9 Heron Lake-Okabena/Fulda 52.07
- 3 Camdyn Kluis 11 Murray County Central 54.62
- 4 Braelyn Kracht 11 SWMCH-EHS 54.70
- 5 Haily Green 11 Mt. Lake Area - Comfrey 56.67
- 6 Sydney Van Essen 12 SWMCH-EHS 57.70
- 7 Jessa Gillette 8 Murray County Central 58.94
- 8 Elizabeth Wiggins 11 Westbrook-WG/Red Rock Cen 59.50
- 9 Hallie Bork 9 SWMCH-EHS 1:01.56
- 10 Brooklyn Tyrrell 7 Heron Lake-Okabena/Fulda 1:02.22

Varsity Girls 4x100m Finals

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Team Time

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- 1 SWMCH-EHS 53.81
Elizabeth EismaHaley WieckEllie DeckerAnna Suda
- 2 Heron Lake-Okabena/Fulda 55.07
Faith WhiteIrish HollahanSamatha UntiedtMaddie Schumacher
- 3 Hills-Beaver Creek 55.62
Ashlee KeldermanEmma DeelstraBrynn RaukLayla Deelstra
- 4 Adrian/Ellsworth 55.90
Brianna ReckampSadie KrahlingHannah CastilloSadi Altman
- 5 Murray County Central 56.02
Chelby KestelootCamdyn KluisAshley HellewellAbby Overman
- 6 Westbrook-WG/Red Rock Central 58.64
Kelsey DeSmithAbby WigginsIsabel KlumperOlivia Klumper
- 7 Mt. Lake Area - Comfrey 1:01.28
Zoe EversTiegan MeyerAleeza SchultzEryn Friesen

Varsity Girls 4x200m Finals

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Team Time

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- 1 SWMCH-EHS 1:52.63
Haley WieckKierra BinfordAnna SudaEllie Decker
- 2 Hills-Beaver Creek 1:56.56
Ashlee KeldermanEmma DeelstraBrynn RaukTaryn Rauk
- 3 Westbrook-WG/Red Rock Central 1:56.96
Elizabeth StrockAbby WigginsIsabel KlumperKelsey DeSmith
- 4 Murray County Central 1:57.51
Chelby KestelootAshley HellewellAbby OvermanVictoria Pierson
- 5 Mt. Lake Area - Comfrey 1:59.30
Haily GreenLana KestnerMichala MorinJulia Brinkman
- 6 Adrian/Ellsworth 2:08.24
Hannah CastilloAlicya McElieceAlesha HenningSadie Krahling
- 7 Heron Lake-Okabena/Fulda 2:13.38
Taylor FisherJolynne ZimmermanEllie KremerRebecca Cheadle

Varsity Girls 4x400m Finals

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Team Time

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- 1 SWMCH-EHS 4:28.17
Shaylee Van EssenMikayla JohnsonKierra BinfordSavannah Schultz
- 2 Murray County Central 4:38.21
Abby OvermanBrealy DammmAmber BoockVictoria Pierson
- 3 Mt. Lake Area - Comfrey 4:40.59
Julia BrinkmanKate JanzenMichala MorinLana Kestner
- 4 Hills-Beaver Creek 4:41.91
Taylor DurstKenadie FickBrynn RaukBailey Spykerboer
- 5 Adrian/Ellsworth 4:47.40
Sadie KrahlingKatelyn FrodermannHannah CastilloBrianna Reckamp
- 6 Heron Lake-Okabena/Fulda 4:53.47
Morgan GehlFaith WhiteSkylar FisherAnna Fest

Varsity Girls 4x800m Finals

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Team Time

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1 SWMCH-EHS 10:28.90
Lindsie FickShaylee Van EssenMikayla JohnsonSavannah Schultz
2 Murray County Central 10:56.76
Lily DanielsMegan BakkeBrealyn DammBrylei Schreier

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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1 Reece Wassink 11 SWMCH-EHS 30-07.50
2 Abby Knobloch 12 Hills-Beaver Creek 30-01.50
3 Madelyn Rozeboom 12 SWMCH-EHS 29-10.00
4 Sam Wieneke 12 Adrian/Ellsworth 28-08.50
5 Cassidy Johnson 11 Murray County Central 27-00.50
6 Ally Birger 7 Hills-Beaver Creek 25-10.25
7 Kearney Wall 10 Mt. Lake Area - Comfrey 25-08.75
8 Abby Evans 7 Westbrook-WG/Red Rock Cen 25-06.00
9 Taylor Wieneke 9 Adrian/Ellsworth 25-04.50
10 Riley Parker 8 Westbrook-WG/Red Rock Cen 24-11.75
11 Larissa Steinhoff 9 Hills-Beaver Creek 24-11.00
12 Brianna Moss 10 SWMCH-EHS 24-04.50
13 Mareena Jepsen 9 Mt. Lake Area - Comfrey 23-11.25
14 Johanna Peterson 9 Mt. Lake Area - Comfrey 23-09.75
15 Erica Doeden 7 Murray County Central 23-08.50
16 Tara Tuin 12 Heron Lake-Okabena/Fulda 23-04.50
17 Kayla Browen 10 Adrian/Ellsworth 21-11.75
18 Kennedy Vold 12 Westbrook-WG/Red Rock Cen 21-05.75
19 Kahlen Larsen 10 Murray County Central 19-08.00
20 Priya Eisfeld 11 Heron Lake-Okabena/Fulda 19-00.00

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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1 Sam Wieneke 12 Adrian/Ellsworth 101-09
2 Reece Wassink 11 SWMCH-EHS 89-06
3 Madelyn Rozeboom 12 SWMCH-EHS 89-04
4 Camdyn Rozeboom 10 SWMCH-EHS 81-06
5 Olivia Klumper 12 Westbrook-WG/Red Rock Cen 81-06
6 Abby Knobloch 12 Hills-Beaver Creek 81-01
7 Cassidy Johnson 11 Murray County Central 81-00
8 Johanna Peterson 9 Mt. Lake Area - Comfrey 77-01
9 Kayla Browen 10 Adrian/Ellsworth 76-01
10 Kearney Wall 10 Mt. Lake Area - Comfrey 74-11
11 Taylor Wieneke 9 Adrian/Ellsworth 72-05
12 Isabel Wysong 7 Hills-Beaver Creek 68-09
13 Paige Green 10 Mt. Lake Area - Comfrey 67-10
14 Kennedy Vold 12 Westbrook-WG/Red Rock Cen 67-05
15 Tara Tuin 12 Heron Lake-Okabena/Fulda 66-01
16 Erica Doeden 7 Murray County Central 59-02
17 Kahlen Larsen 10 Murray County Central 55-03
18 Tyrae Goodface 10 Hills-Beaver Creek 52-02
19 Priya Eisfeld 11 Heron Lake-Okabena/Fulda 51-11
Callie Highby 9 Westbrook-WG/Red Rock Cen ND

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

- 1 Olivia Klumper 12 Westbrook-WG/Red Rock Cen 4-10.00
- 2 Rebecca Cheadle 8 Heron Lake-Okabena/Fulda 4-08.00
- 3 Lindsey Hause 9 Murray County Central 4-06.00
- 3 Kaitlyn Schuur 12 SWMCH-EHS 4-06.00
- 5 Kelsey DeSmith 11 Westbrook-WG/Red Rock Cen 4-06.00
- 5 Anna Fest 10 Heron Lake-Okabena/Fulda 4-06.00
- 5 Tiegan Meyer 10 Mt. Lake Area - Comfrey 4-06.00
- 8 Shaylee Van Essen 10 SWMCH-EHS 4-06.00
- 9 Larissa Steinhoff 9 Hills-Beaver Creek 4-06.00
- 10 Michala Morin 10 Mt. Lake Area - Comfrey 4-04.00
- 10 Anna Suda 10 SWMCH-EHS 4-04.00
- 12 Aspen Shimp 10 Hills-Beaver Creek 4-00.00
- 12 Katelyn Frodermann Adrian/Ellsworth 4-00.00
- 14 Brooklyn Tyrrell 7 Heron Lake-Okabena/Fulda 3-06.00
- Allie Paulzine 7 Murray County Central NH
- Ashley Hellewell 12 Murray County Central NH

Varsity Girls Pole Vault Finals

Athlete Yr Team Mark

- 1 Kaitlyn Schuur 12 SWMCH-EHS 10-00.00
- 2 Abby Wiggins 9 Westbrook-WG/Red Rock Cen 8-00.00
- 3 Makenna Brands 10 SWMCH-EHS 7-06.00
- 4 Kennedy Vold 12 Westbrook-WG/Red Rock Cen 7-06.00
- 5 Kate Janzen 11 Mt. Lake Area - Comfrey 7-06.00
- 6 Riley Schroeder 11 Mt. Lake Area - Comfrey 7-00.00
- 7 Ellie Kremer 8 Heron Lake-Okabena/Fulda 6-00.00
- 7 Taylor Fisher 7 Heron Lake-Okabena/Fulda 6-00.00
- 9 Carlye Larson 11 Murray County Central 6-00.00
- 9 Faith White 11 Heron Lake-Okabena/Fulda 6-00.00

Varsity Girls Long Jump Finals

Athlete Yr Team Mark

- 1 Samantha Untiedt 9 Heron Lake-Okabena/Fulda 15-08.50
- 2 Taryn Rauk 12 Hills-Beaver Creek 15-08.25
- 3 Ellie Decker 10 SWMCH-EHS 15-06.00
- 4 Brynn Rauk 9 Hills-Beaver Creek 15-03.50
- 5 Brianna Reckamp 12 Adrian/Ellsworth 15-02.50
- 6 Elizabeth Eisma 9 SWMCH-EHS 14-04.00
- 7 Abigail Harris 7 Hills-Beaver Creek 14-03.00
- 8 Amber Boock 12 Murray County Central 14-02.25
- 9 Victoria Pierson 11 Murray County Central 14-02.00
- 10 Brealyn Damm 9 Murray County Central 14-01.75
- 11 Haley Wieck 11 SWMCH-EHS 14-01.00
- 12 Sadie Krahling 9 Adrian/Ellsworth 13-08.00
- 13 Abby Wiggins 9 Westbrook-WG/Red Rock Cen 13-07.50
- 14 Elizabeth Strock 12 Westbrook-WG/Red Rock Cen 13-03.00
- 15 Elizabeth Wiggins 11 Westbrook-WG/Red Rock Cen 13-01.50
- 16 Irish Hollahan 9 Heron Lake-Okabena/Fulda 12-11.50
- 17 Riley Schroeder 11 Mt. Lake Area - Comfrey 12-05.50
- 18 Eryn Friesen 12 Mt. Lake Area - Comfrey 10-08.50

Varsity Girls Triple Jump Finals

Athlete Yr Team Mark

1 Maddie Schumacher 10 Heron Lake-Okabena/Fulda 32-11.50
2 Shaylee Van Essen 10 SWMCH-EHS 32-04.25
3 Braelyn Kracht 11 SWMCH-EHS 31-04.00
4 Camdyn Kluis 11 Murray County Central 30-09.25
5 Irish Hollahan 9 Heron Lake-Okabena/Fulda 30-05.25
6 Bailey Spykerboer 8 Hills-Beaver Creek 30-00.50
7 Michala Morin 10 Mt. Lake Area - Comfrey 29-10.50
8 Sydney Van Essen 12 SWMCH-EHS 29-02.00
9 Abby Overman 9 Murray County Central 28-10.00
10 Emma Deelstra 8 Hills-Beaver Creek 27-06.00
11 Elizabeth Wiggins 11 Westbrook-WG/Red Rock Cen 27-02.00
12 Hannah Castillo Adrian/Ellsworth 23-03.50
13 Allie Paulzine 7 Murray County Central 22-04.00
Theresa Nwaiga 9 Westbrook-WG/Red Rock Cen ND